



DEFENCE MEDIA RELEASE

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ADF INVITES EMPLOYERS TO STRETCH OUT

Some 25 middle to senior managers from a variety of Perth companies will participate in Exercise Executive Stretch, a weekend activity to showcase Defence Reserve training to employers. Exercise Executive Stretch will be conducted at various locations in the Perth area including Irwin Barracks Karrakatta and Bindoon training range on Saturday 24 March. While RAAF Pearce and Bindoon training range will be the scene of action on Sunday 25 March.

Exercise Executive Stretch (EES) is aimed at senior, middle and line management to showcase and involve them in the types of invaluable skills that can be gained through participation in the Reserve and how these skills can benefit the civilian work environment.

The purpose of EES is to bring together members of the Reserve and the business community, who are employers or potential employers of Reservists, by inviting these employers to participate in a weekend of physical and intellectual challenge in an ADF environment. The managers attending will be involved in a weekend of adventurous activities which includes: leadership, confidence and initiative tests; team building exercises; navigation theory and practice; weapon firing, firefighting and "flying" the RAAF Hawk simulator.

Defence spokesperson Lieutenant Stephen Stewart said that the entire weekend was intended to demonstrate to employers the valuable skills their employees possess as Defence Reservists.

Media Note:

Media are invited to attend and/or participate at the venues. Arrangements for access, and requests for further information, should be directed to:

Lieutenant Stephen Stewart, RAN on 9311 2597, 9311 2341 or 0421 110 067.
Bindoon Range telephone number is 08 9576 1056.

Stills and video vision will be available on a pool basis. Enquiries for pool material should be directed to Lieutenant Stephen Stewart on the above numbers.

Released by: Gary Booth, Defence Public Affairs (WA), 08 - 9553 2535 (office) or 0418 223 807

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